

Worship 崇拜

Worship with Blaine!

2 Order of Worship 3 Bob Ross Night!
4 Day of Remembrance 2024

Fifth Sunday of Epiphany

February 4, 2024 • 10:00am
Hybrid Worship



How can relying on God's strength help you face challenges or temptations?

Order of Worship

Prelude

*We Will Glorify
the King of Kings
By Twila Paris
Kathy Onishi*

Scripture Reading

*Mark 1:29-39 (CEB)
Tutomu Nagoya
and George Yates*

Hymn of Reflection

*Lord, We Come
to Ask Your Blessing
TFWS #2230
(Verses 1, 3-4)
Kathy Onishi*

Announcements

Rev. Karen and Friends

Welcome of Grace and Greeting

Rev. Karen Yokota Love

Children's Message

Rev. Mia MiKyung Park

Holy Communion

Rev. Karen Yokota Love
Rev. Mia MiKyung Park

*Closing Hymn

*We've a Story to Tell
to the Nations
UMH #569
Kathy Onishi*

***Call to Worship**
*By Hancock/Discipleship
Ministries*

Rev. Karen Yokota Love

Special Music

*Lord of the Dance
Leann Onishi*

Introduction to the Offering

Rev. Mia MiKyung Park

*Benediction

Rev. Karen Yokota Love

***Opening Hymn**
*O for a Thousand Tongues
UMH #57 (1-3, 5)
Kathy & Eugene Onishi*

Scripture Reading
*Isaiah 40:21-31 (CEB)
Tutomu Nagoya
and George Yates*

Doxology

*Praise God, from Whom
All Blessings Flow
UMH #94
Kathy Onishi*

*Postlude

*Jesus, Lover of My Soul
By Parry/Carter
Kathy Onishi*

Opening Prayer
Rev. Mia MiKyung Park

Sermon
Restorative Healing
Rev. Karen Yokota Love

Prayer of Dedication
Rev. Mia MiKyung Park

Zoom Breakout Room
Rev. Dr. Jeney Park-Hearn

Thank you to Carol Kastrup for providing today's flower arrangement!



Blaine Memorial United Methodist Church



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Sermon Questions

What examples of miraculous healing have you seen or experienced?

What can you learn and apply to your own life from Jesus' example of prayer?

What does it mean to "hope in the Lord"? How can this impact your daily life?

How can relying on God's strength help you when facing challenges or temptations?

Daily Lectionary Readings

Sunday, February 4, 2024: Fifth Sunday after the Epiphany

Isaiah 40:21-31; Psalm 147:1-11, 20c; 1 Corinthians 9:16-23; Mark 1:29-39

Monday, February 5, 2024: Psalm 102:12-28; 2 Kings 4:8-17, 32-37; Acts 14:1-7	Tuesday, February 6, 2024: Psalm 102:12-28; 2 Kings 8:1-6; Acts 15:36-41	Wednesday, February 7, 2024: Psalm 102:12-28; Job 6:1-13; Mark 3:7-12
Thursday, February 8, 2024: Psalm 50:1-6; 1 Kings 11:26-40; 2 Corinthians 2:12-17	Friday, February 9, 2024: Psalm 50:1-6; 1 Kings 14:1-18; 1 Timothy 1:12-20	Saturday, February 10, 2024: Psalm 50:1-6; 1 Kings 16:1-7; Luke 19:41-44

Announcements

Snack Collection for Tent City 3 • Today

Today, our Church School children are planning to make sandwiches, assemble snacks and drinks to create 80 lunch bags for residents at Tent City 3. Leave any individually packed snacks such as granola bars, cookies, dried fruit, etc., in the treasure box located in the Narthex until Sunday (2/4) before worship begins. Your generosity is greatly appreciated. Please contact Rev. Mia MiKyung Park with any questions.

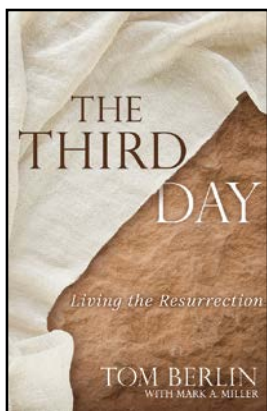
RM Book Study Kickoff • Today

This Spring, the Reconciling Team invites you to participate in a new Book Study Group! We'll read and discuss *Outside the Lines* by author and Pastor Mihee Kim-Kort. Learn more at our kickoff meeting on Sunday, February 4 after worship service. If you would like to participate in the study but cannot make it to the kickoff meeting, please let us know. Contact Lynne Onishi with questions: lynneonishi@gmail.com



Wednesday Meditation & Prayer • February 7 at 9am

The Wednesday Prayer group continues to meet each week. Our time together consists of a check-in question centering around United Methodist Founder John Wesley's famous question, "How is it with your soul?" Our time together continues with a few readings from *The Upper Room Magazine*. Finally, we end our time together with a pastoral prayer. Join us!



Lent 2024 All Church Book Study: The Third Day: Living the Resurrection

Lent will begin on Ash Wednesday, which is February 14! This year's All Church Lenten Book Study is *The Third Day: Living the Resurrection* with Tom Berlin and Mark A. Miller.

In *The Third Day: Living the Resurrection*, Tom Berlin uses his gifts of storytelling and understanding the Scriptures to connect the reader to the experiences of several individuals around Jesus in his final days, focusing on new life and redemption rather than loss.

Join Peter, Mary Magdalene, and Thomas as they feel the despair of losing Jesus and the surprise and joy that awaits them in the resurrection. This study traces events around these characters, along with Paul and the disciples at Emmaus, and how the resurrection transforms their lives.

The Church Office has a limited supply of books available for \$12. Leader Guides are \$11. You can also purchase on your own on [Amazon.com](https://www.amazon.com) or [Cokesbury.com](https://www.cokesbury.com).



In Our Thoughts and Prayers

As a Church and people who believe in the power of prayer, let us continue to lift up these persons in the joys and concerns that they are experiencing in their lives.

Those mourning the passing of loved ones

- Lucy Sato, 96, a beloved church member, passed away peacefully on December 18, 2023. She lived a full, beautiful life. Our prayers go out to the Hayasaka and Sato families and the many relatives of Lucy. She loved her family with all of her heart.

Those in cancer treatment or remission

- Jennifer Lew • Tony Yasuda • Katie Tat
- Duong Nguyen • Quy Phi
- Nikki Palmer • Linda Perry
- Chuck Sitkin • Dean Tsuchida

Those in nursing homes or care facilities

- Dorothy Akiyama

Those with health concerns, recovery

- Sumi Yoshioka • Sam Wakasugi
- Madison Kelly • Greg Ogata
- Suma Yagi • Wyman Martin
- Marcia Takahashi • Rev. Shigeharu Ago

Celebrations

- Happy 120th Anniversary, Blaine Memorial UMC! Today is a momentous day in the history of this faith community. Let us continue to worship together, pray together, lift up the Lord's Holy Name in thanksgiving and bless God for all the ways in which God has blessed us.
- Congratulations to all who are celebrating January birthdays and anniversaries!

For our United Methodist Church

- We continue to pray for the safety of our LGBTQIA+ siblings and for a just, inclusive future within The United Methodist Church. We pray that we are guided by love and the hope for a world where all people are celebrated and loved, where their rights are secured and where their sexual and gender diversity is valued.

For our community, nation, and world

- Prayers for the members of Seattle Betsuin Buddhist Temple as they recover from an arsonist who broke into the temple and started a fire on New Year's Eve. We pray as they grieve the loss of historical archives that are more than 120 years old. We are grateful that nobody was hurt in the fire. May Seattle Betsuin Buddhist Temple receive peace and may their extended community support them with love and encouragement.
- Prayers for the 379 passengers and crew on a Japan Airlines plane which burst into flames on January 2, 2024. The Japan Airlines plane collided into a smaller coastguard aircraft on the runway at Tokyo's Haneda airport. We also pray for the families who grieve the five coastguards who died on the coastguard aircraft. We pray for all of those who are recovering from the trauma and shock of this devastating accident.
- Prayers for our friends, relatives and the people who are rebuilding from a powerful earthquake which struck central Japan on January 1, 2024. We pray for the people who perished in the earthquake, and all of those who are in need of shelter and basic resources while they begin to rebuild.
- Prayers for comfort and relief for those challenged by serious and chronic mental and emotional illnesses. Give your power of healing to those who minister to their needs, that they may be strengthened in their weakness and have confidence in your loving care.
- Prayers for the people of Israel and Palestine amid the violence and war. We pray for peace and reconciliation for people in the Israel-Hamas War. We pray for those who are dead and for the families who grieve. We pray for peace between the two regions.
- Prayers for our unhoused siblings in our neighborhood, in the City of Seattle, in the state of Washington, and across the country. May we improve systems so that our unhoused can be housed.



Bob Ross Painting Night • Friday, February 16!

Join the Innovation Hub for an evening of fellowship, painting, and relaxing while we watch Bob Ross on Friday, February 16 from 7:00 - 9:00 PM in the Social Hall! We will provide some light snacks and beverages as well as painting supplies and materials! All are welcome. Scan the QR code or sign up here: <https://forms.gle/5eLsmiRjoP3FFbaz6>

Please email Lynne Onishi at lynneonishi@gmail.com with any questions. We can't wait to see you there!



Day of Remembrance 2024 “Remember & Resist” • Sunday, February 18 (See details)

Sunday, February 18, 1:00 – 3:30 pm (One event at TWO sites)

Washington State Fairgrounds' Agriplex

5th St SW, Puyallup, WA 98371
1:00 - 1:45pm

Northwest Detention Center

1623 E J Street, Tacoma, WA 98421
2:30 - 3:30 pm

Scan the QR code below or sign up at <https://forms.gle/6H1vWDcy4bAjfaj68>

February 19, 2024 will mark 82 years since the signing of Executive Order 9066, ordering the forced removal and mass incarceration of Japanese Americans on the West Coast. Most Japanese Americans in the Seattle area spent their first few months in detention at the Puyallup Assembly Center, ironically nicknamed “Camp Harmony.” It’s now the site of the State fairgrounds.



The trauma of family separation, child imprisonment, poor sanitation, bad food, inadequate health care, and uncertain futures CONTINUES today at Northwest Detention Center (NWDC) in Tacoma, just a 20 minute drive from Puyallup. NWDC is a private prison with capacity to hold 1500 immigrants, but Immigration Customs Enforcement (ICE) is secretive and never disclose how many are incarcerated or who they are. We know most are from Mexico, Central & South America, Southeast Asia, India, Africa and the Middle East who seek asylum and

opportunity in the US.

Conditions inside are horrific; detainees often hold long hunger strikes demanding humane treatment and their legal rights. There were 7 last year and another in January. This private for profit prison in our state must shut down.

Join us to hear from incarceration survivors at both Puyallup and Tacoma - Japanese American camp survivors and people recently detained at NWDC. There will be Taiko! When we raise the roof with drums and voices, those held inside know they are not forgotten.

Please come to both parts of this important event - we will remember our past AND speak out for the rights of others.

Organized by Tsuru for Solidarity, La Resistencia, Puyallup and Seattle chapters of the JACL, Minidoka Pilgrimage Planning Committee, and Densho. For more information, media inquiries, and to find out about volunteer opportunities email info@seattlejacl.org.

Connect with Blaine!

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All are welcome here!

Our core belief is that each person is a beloved child of God — whose giftedness we value and whose presence and participation are a blessing to our community, and to the Kin-dom of God in the world.

Blaine Memorial UMC celebrates God’s gift of diversity and values the wholeness made possible in community equally shared and shepherded by all. We welcome and affirm people of every gender identity, gender expression, and sexual orientation, who are also of every age, race, ethnicity, physical and mental ability, level of education, and family structure, and of every economic, immigration, marital, and social status, and so much more.

We acknowledge that we live in a world of profound social, economic, and political inequities. As followers of Jesus, we commit ourselves to the pursuit of justice and pledge to stand in solidarity with all who are marginalized and oppressed.

Ministry Staff Team

Senior Pastor
Associate Pastor
Choir Director
Church School Superintendent
BYG Director
BYG Associate Directors

Pianist
Office Assistant
Bookkeeper

Rev. Karen Yokota Love
Rev. Mia MiKyung Park
Eugene Onishi
Sai Hanaoka
Lynne Onishi
Kai Yamamoto
Kaylee Yokoyama
Kathy Onishi
Yuki Sofronas
Mimi Mar

Lay Leadership Team

Administrative Board
Staff Parish Relations
Board of Trustees
Finance Committee
Lay Leaders
Annual Conference Delegates

Brad Miyake
Arlene Naganawa
Ron Nobuyama, Brian Okura
Bob Sekijima, Gayle Miyake
Eugene Onishi, Kathy Onishi
Ron Nobuyama, George Yates



Ways to Give “Every person must bring a gift in proportion to God’s blessings upon you.” (Deut. 16: 17)

- **Online:** Click the Realm logo at blaineonline.org or scan the QR code on the left.
- **Mobile:** Download the free “Realm Connect” app. Use your sign-in and click GIVING. Contact the Church Office, blaineoffice@yahoo.com. for a Realm sign-in.
- **Text:** Text BLAINE to 73256. Click the link you receive and follow the prompts.
- **Mail:** Mail a check to: Blaine Memorial UMC at 3001 24th Ave S. Seattle, WA 98144.

